# Resources for Students Who Have Experienced Sexual Harassment & Misconduct

Sexual Assault, Sexual Harassment, Gender-Based Harassment, Dating/Domestic Violence, Stalking, Sexual Exploitation, Retaliation

## Confidential Support Services

Talking to someone can be an important part of your healing process. Confidential support services are available to assist you on and off campus. No personal information is shared without your permission.

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<th>Medical Care</th>
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<td><strong>Medical Care</strong>&lt;br&gt;Medical care is important, even if you feel no injury was sustained. Medical providers can assess your overall health needs, treat physical injuries, test for sexually transmitted infections and pregnancy, and collect evidence for legal proceedings. Staff are specifically trained and sensitive to your concerns.</td>
<td><strong>Emotional Support</strong>&lt;br&gt;Talking to someone can be an important part of your healing process. Confidential support services are available to assist you on and off campus. No personal information is shared without your permission.</td>
<td><strong>Reporting</strong>&lt;br&gt;You have options if you choose to report an incident of sexual misconduct: 1) file a complaint with the Office of Sexual Misconduct Prevention &amp; Response and/or 2) file a complaint with law enforcement.</td>
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<td><strong>Confidential Emergency Care</strong>&lt;br&gt;Reading Hospital&lt;br&gt;6th Avenue and Spruce Street&lt;br&gt;484-628-8000&lt;br&gt;Emergencies: 911&lt;br&gt;Provides treatment for injuries and sexually transmitted infections and rape kit assessments with a sexual assault nurse examiner. Advocates for survivors are available on call. Open 24/7.</td>
<td><strong>Counseling Services</strong>&lt;br&gt;Confidential Counseling&lt;br&gt;Counseling Services&lt;br&gt;10 Perkins Student Center&lt;br&gt;610.396.6082&lt;br&gt;Services include emotional support, counseling, consultation, academic advocacy, reporting options, and connection to other services.</td>
<td><strong>Office of Sexual Misconduct Prevention &amp; Response</strong>&lt;br&gt;Title IX Coordinator&lt;br&gt;222 Boucke Building&lt;br&gt;814.867.0099&lt;br&gt;<a href="mailto:titleix@psu.edu">titleix@psu.edu</a>&lt;br&gt;Coordinates University’s response to reports of sexual harassment and sexual misconduct, facilitates resources, and provides education and training.</td>
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<td><strong>Confidential Non-Emergency Care</strong>&lt;br&gt;Health Services&lt;br&gt;8 Perkins Student Center&lt;br&gt;610.396.6075&lt;br&gt;Provides emergency contraceptive services and treatment for injuries and sexually transmitted infections. Call for hours.</td>
<td><strong>Confidential Domestic Violence &amp; Sexual Assault Services</strong>&lt;br&gt;Safe Berks&lt;br&gt;255 Chestnut Street&lt;br&gt;844.789.SAFE or Text SAFE BERKS to 20121&lt;br&gt;Provides 24/7 counseling, support, advocacy, shelter, legal services, and assistance with protective orders.</td>
<td><strong>Law Enforcement (Emergency Response)</strong>&lt;br&gt;Penn State Police&lt;br&gt;610.396.6111&lt;br&gt;Berks County Police&lt;br&gt;610.655.4921 or 911</td>
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<td><strong>Confidential 24 hour Crisis Hotline</strong>&lt;br&gt;Service Access Management&lt;br&gt;877.236.4600 or Text ruOK to 484.816.ruOK (7865)&lt;br&gt;24 hour community crisis hotline.</td>
<td><strong>Title IX Resource Person</strong>&lt;br&gt;Saundra Reichel&lt;br&gt;19 Perkins Student Center&lt;br&gt;610.396.6067&lt;br&gt;Provides information about complaint process and reporting options, may impose No Contact Directives.</td>
<td><strong>Penn State Hotline</strong>&lt;br&gt;800.560.1637&lt;br&gt;Anonymous reporting</td>
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For more information regarding available resources, support services, and procedural options please visit: TitleIX.psu.edu
Frequently Asked Questions

What happens next if/when the University has been notified of an incident of sexual or gender-based harassment or misconduct (including sexual harassment, sexual assault, stalking, dating violence, domestic violence, and/or sexual exploitation)?

Reports of potential sexual or gender-based harassment or misconduct must be shared with the University’s Office of Sexual Misconduct Prevention & Response (OSMPR), unless first shared with a confidential employee (for example, a staff member in the Counseling Services or Health Services). Once OSMPR receives this information, a staff person will typically contact the affected student to ask if they are interested in meeting to discuss their experience as well as the resources, support services, and procedural options that may be available to them. The student is not obligated to respond to the e-mail or meet with anyone. If they do decide to meet to discuss the experience, the student will not be asked to talk about anything they are uncomfortable discussing, nor will they be pressured to do anything they do not want to do. The primary purpose of the meeting will be to assist the student in understanding their options and the University’s process for handling these kinds of incidents.

Can I bring someone with me to a meeting with the Title IX Resource Person?

Yes. A student may bring a support person or advisor of their choosing to any meeting or conversation they have regarding their experience.

What kind of help is available to me through the University?

Penn State is committed to providing ongoing support to individuals who experience incidents of sexual or gender-based harassment or misconduct. Students may be able to access a variety of resources and support services in connection with their experience, including:

- reasonable academic accommodations, including modifications to course or exam schedules, or coursework;
- housing modifications, including permanent or temporary room reassignments or the provision of a temporary safe space on campus;
- free confidential counseling and psychological support;
- access to free or low-cost healthcare options;
- referrals to local community agencies for additional services;
- the choice to request an administrative directive to limit or prohibit an individual’s contact with you; and
- your option to request a formal investigative process or an informal resolution.

Additional confidential and nonconfidential resources beyond those listed here may also be available.

Will I be in trouble if I was drinking underage or using drugs when the incident happened?

No. Penn State wants to encourage students to freely report incidents of sexual or gender-based harassment and misconduct whenever they occur. Therefore, it is the University’s policy that students who act responsibly by reporting incidents of sexual or gender-based harassment and misconduct will not face University disciplinary action for their own drug or alcohol possession or consumption in connection with the reported incident.

What if I am hesitant to talk about what happened?

Retaliation against anyone who reports an incident of sexual or gender-based harassment or misconduct, or who participates in a University process related to such an incident, is strictly prohibited under University policy. If you have any concerns about retaliation, you should discuss them with a staff member. Regardless of whether you participated in a University process, you are encouraged to consider preserving any key forensic or other evidence.